

BUILDING BRIDGES

COUNSELLING, MEDIATION & FAMILY SUPPORT ACROSS TAYSIDE & FIFE

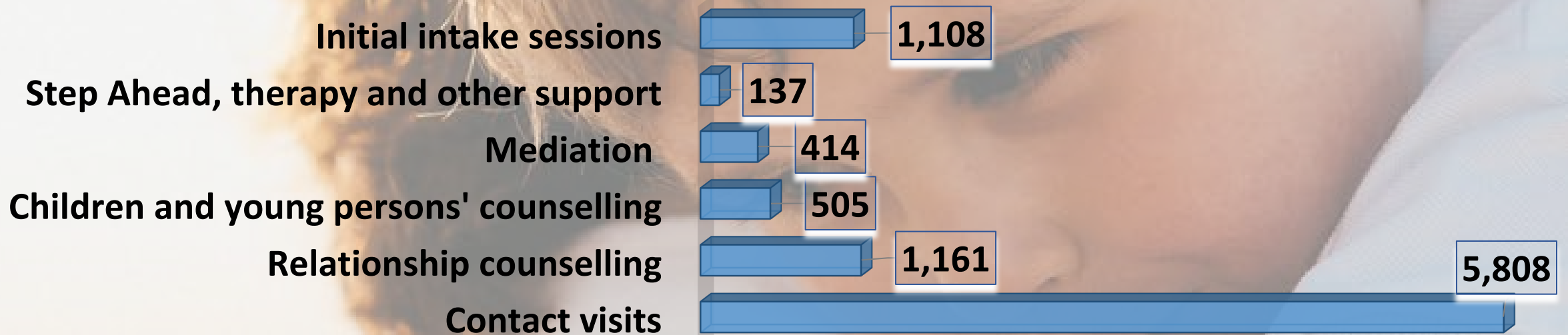
2022-2023 OUR HIGHLIGHTS

644 new referrals
1,435 new beneficiaries

92% of
beneficiaries would
recommend us

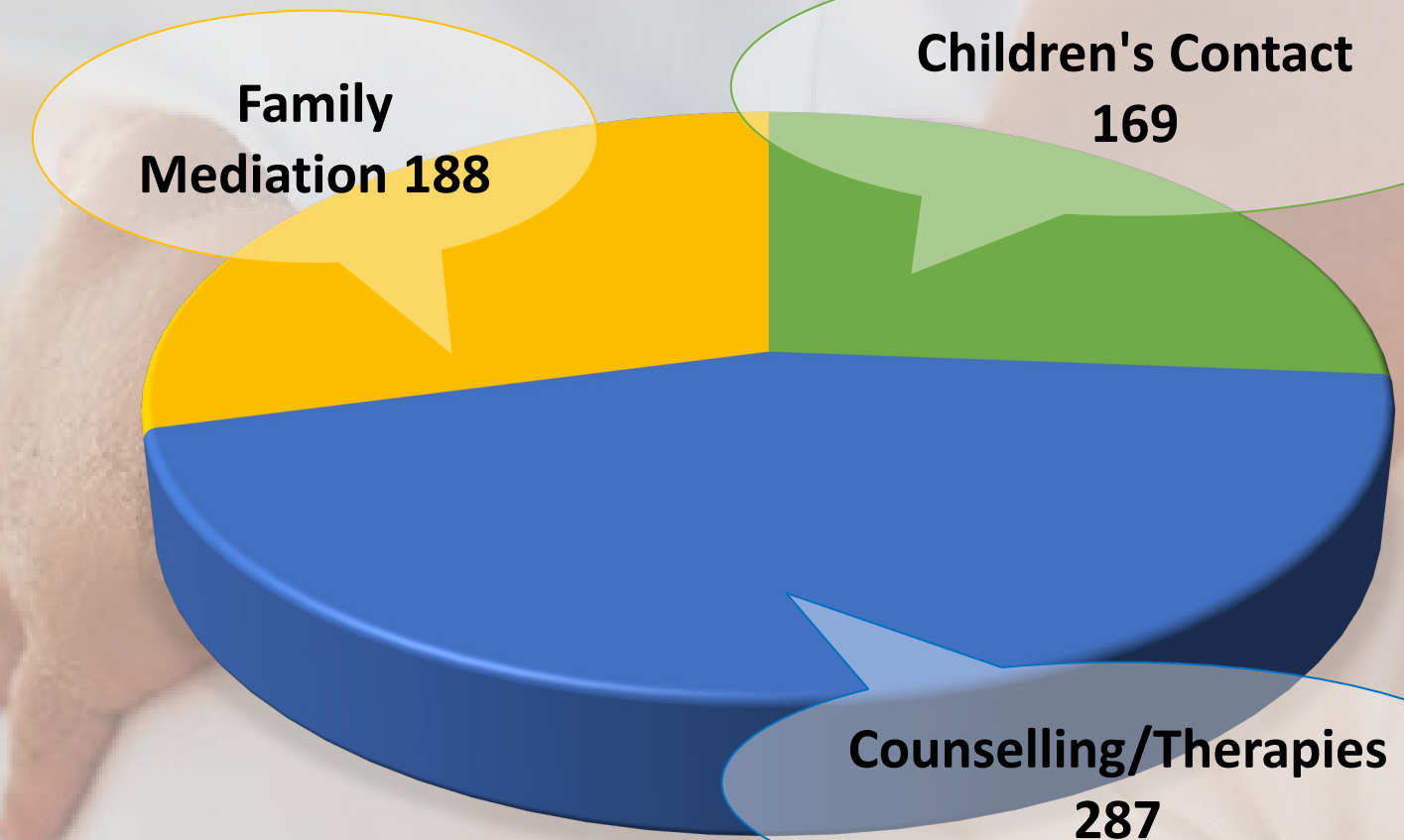
93% of
beneficiaries said
we have helped

9,133 SESSIONS



OUR VALUES

- Professionalism
- Respect & empathy
- Impartiality
- Diversity
- Empowerment



644 REFERRALS

Feedback

Both mediators were kind and listened carefully to both our views. A guided, patient approach, which I was very grateful for.

Great centre, excellent facilities, but most of all amazing staff who have managed the contact between myself and my daughter brilliantly after a significant period of me not seeing her.

Coming to the counselling appointments has genuinely helped me a lot. Thank you.

I found [mediation] was a safe place, which reduced arguments and allowed both parties to put their point across in a reasonable and fair way.

Excellent support in managing the difficult conversations and resolving the issues that brought us to seek counselling in an effort to save our marriage. Our counsellor gave us the opportunity to be honest and it felt safe. Your support is much appreciated and valued.

No longer using the centre and thank you all at RS, for getting us to this stage of arranging our own contact.

Definitely a positive experience. Our counsellor helped us explore some of our current issues, and it's assisted us both in being more sympathetic to each other's point of view. Thanks!

Good service. Provides a safe, fun environment for the wee one to see her dad and build a bond with him. Allowed us to focus on contact and making sure the wee one was happy, safe and comfortable without other conflict arising.

I now feel more comfortable and less anxious expressing myself.

[Mediation] gave us the platform to express our opinions and views in regard to improving our communication that enabled us to plan better and communicate better for the care of our daughter.

Our special thanks to

Our funders

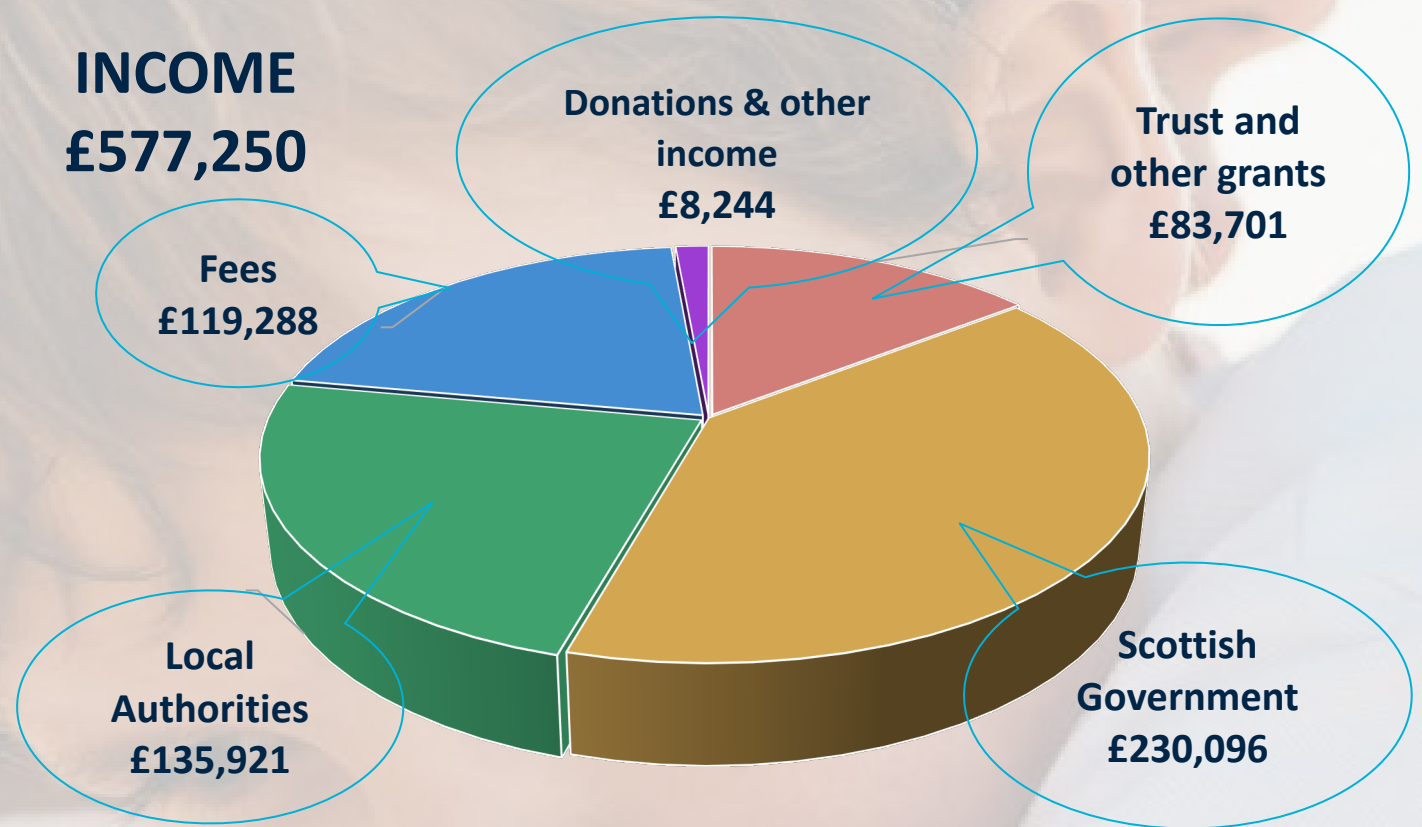
Angus Carers Centre
Balgay Children's Society
Dundee Volunteer & Voluntary Action
Fife Voluntary Action
Leng Charitable Trust
Perth & Kinross Council
Scottish Government

Angus Council
Dundee City Council
Fife Council
Forteviot Trust
Northwood Charitable Trust
PKAVS – Perth Carers Hub
Voluntary Action Angus

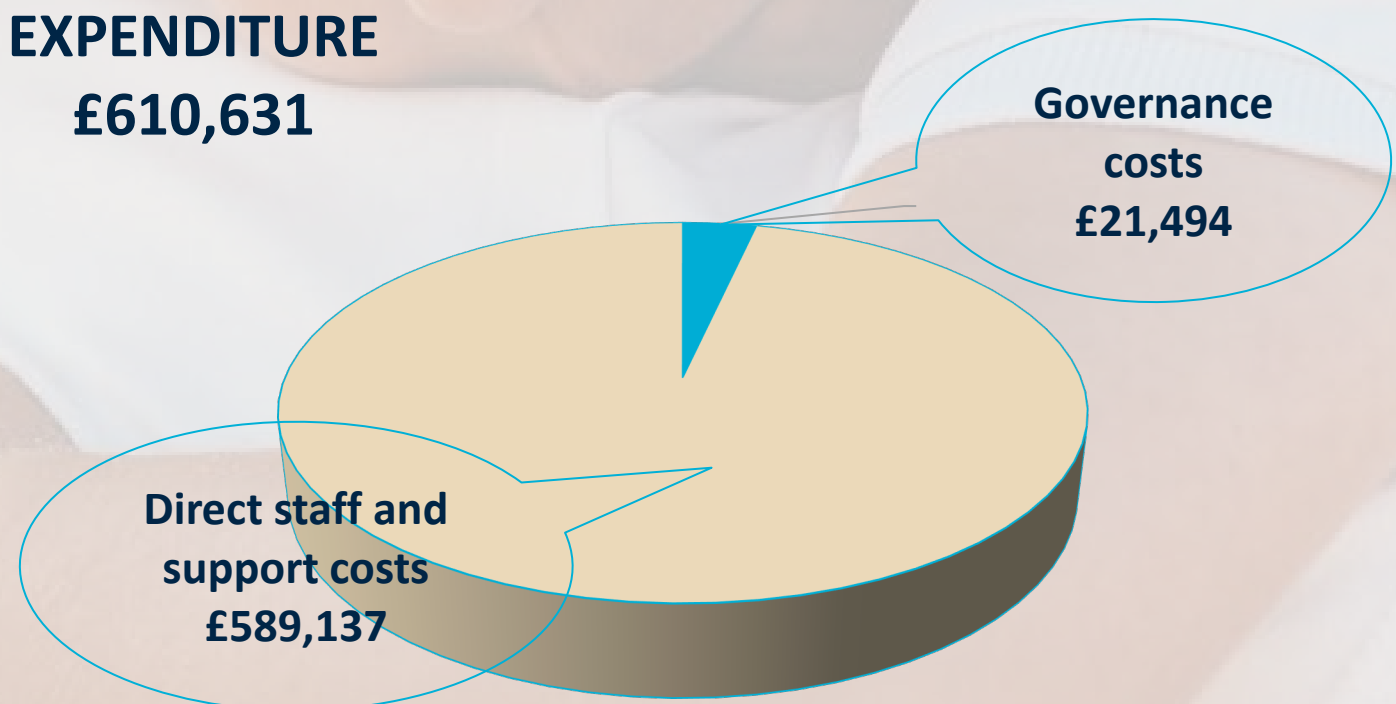
and

Our staff team, workers, practitioners and volunteers who have dedicated their time and efforts to helping families any way they could, facing challenges head on.

INCOME £577,250



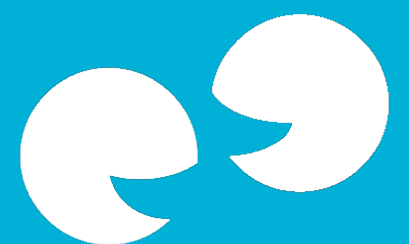
EXPENDITURE £610,631



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Company Limited by Guarantee Number 130788